

## GLICLAZIDE

*gly-kla-zide*

### What does it do?

*Gliclazide* lowers blood sugar by increasing the amount of insulin produced by your body. It is used to treat diabetes.

### Before you start

- Tell your doctor if you have liver or kidney problems, or G6PD deficiency.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

### How should you take it?

Take *gliclazide* regularly as directed with a glass of water, preferably at the start of a meal.

### What if you forget a dose?

If you miss a dose of *gliclazide* do not take it later. Skip the missed dose and continue as directed. Do not take two doses at the same time.

### Can you take other medicines?

Some medicines available without a prescription may react with *gliclazide* including:

- aspirin (e.g. Disprin®, in doses used for pain relief)
- miconazole oral gel (e.g. Daktarin Oral Gel®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

### What side effects might you notice?

| Side Effects                                                                                   | Recommended action                                                                              |
|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| Low blood sugar (hypo): symptoms may include sweating, trembling, feeling anxious or irritable | Drink or eat something sweet. Tell your health professional if this happens a lot or is severe. |
| Skin rash, itching                                                                             | Tell your doctor                                                                                |
| Stomach upset, diarrhoea, constipation, nausea                                                 | Tell your doctor if troublesome                                                                 |

If you notice any other effects, discuss them with your doctor or pharmacist.

### Other information:

- Tell your doctor if you develop a severe illness (e.g. high fever, lung infection, vomiting or diarrhoea).
- Test your blood sugar as directed by your health professional.
- Limit alcohol intake as it may alter your blood sugar and increase your risk of hypoglycaemia (low blood sugar).