

## SHINGLES VACCINE (Shingrix®)

### What does it do?

The *shingles vaccine* helps protect you against shingles. It also prevents or reduces ongoing pain from shingles.

### Before you start

- Tell your health professional if you currently feel unwell or have a fever.
- Tell your health professional if you are pregnant, planning to become pregnant, or breastfeeding.

### How is it given?

The *shingles vaccine* is given as an injection into a muscle. It is given to you by a health professional.

You will need to wait for 20 minutes after having your vaccine, to check you don't have an allergic reaction.

### What if you forget a dose?

Contact your health professional to rebook your appointment.

### Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

### What side effects might you notice?

Side Effects	Recommended action
Flu-like symptoms (fever, chills, aches and pains, nausea, headache, tiredness or weakness) Pain, tenderness or redness at injection site	This usually passes after a few days, take paracetamol if needed. Tell your health professional if troublesome.
Symptoms of allergy including: skin rash, itching, swelling, trouble breathing	Tell your health professional immediately

If you notice any other effects, discuss them with your doctor or pharmacist.